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Cooking Of India



Synopsis

Indian cookbook covers history and recipes.

Book Information

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Customer Reviews

A lot of the recipes in the book refer to a separate spiral-bound recipe booklet. This is part of the original product, but resellers don't necessarily agree with that, so they may or may not send you two books as part of this product. Having said that, the reason I got it is that I happened to sample a bunch of dishes from this book which were ostensibly made by following the recipes to the letter, and they turned out really well. Even discounting the skill of the cook, I thought it was worth getting. To test out the theory, I prepared one of the dishes right off the bat (a simple one though), and it came out pretty well, with nicely balanced flavor. It is good for principles of Indian cuisine. There's a section on Pakistani cuisine as well. It could be also be of historical interest for South Asians, given how the author traces the history of various ethnicities and their cuisine in India.

I have a collection of these Time-Life Foods of the World cookbooks published in the 70's. You absolutely cannot go wrong with any of them, this one included. These are narrative cookbooks, which means that along with the scrumptious easy-to-duplicate recipes, comes a history of the country and the way they eat, a peek into daily family life, maps of the area, and amusing anecdotes from real people about the foods of the country and how they are eaten and prepared. Five stars is not enough.

I bought this book in 1976 and used it several times with good results, then it fell into the back corner and out of sight. Today I'm looking at this book again with renewed interest. The writing about culture and food in this book is really outstanding. The recipes are simplified for the American cook and may lack some authenticity but work very well. Nice intro to Indian cooking. Fabulous reading. Particularly enjoyed a discussion on breakfast foods (p 62).

This is a wonderful book in the equally wonderful time life series on the foods of the world. Rai is a sensual writer who provided an intimate look of a culture, a food and a family. Amazing read as a travelogue.

Best Indian food cookbook! Provides pictures, easy to follow instructions and some historical context around the dishes.

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